



Mahmoud Hassan

CONTACT

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SKILLS

- **Massage therapy** : I practised manual massage therapy experience when I undergone my level 3 massage therapy qualification. I treated over 1000 patient over 1.5 years. The sessions included using SOAP notes to record the progress and techniques used in each session.
- **X-ray procedures**: I practiced taking x-rays and using the information to help re-assure. I do not take x-rays unless necessary.
- **Treatment plan development**: Using my experience in calisthenics and B2R to help form an interesting and engaging exercise routine.
- **Verbal communication skills**: developed from interaction with customers in employment and through delivery of presentations in University. I also had the opportunity to work in a lot of different places such as TOPMAN, Foot asylum, Burger king and Coco gelato. Therefore, I have developed good communication skills with customers. I can also speak Arabic fluently.
- **Leadership**: I managed my patients in my current clinics and university clinic to ensure booking them in for appropriate timings and follow-up treatments to see their progress.
- **Organisational skills**: developed substantially during retail employment

PROFESSIONAL SUMMARY

Experienced hardworking Chiropractor, driven to help patients reach their full potential with knowledgeable and proactive healthcare support. Proficient in all areas of the body's neuromusculoskeletal system and methods for improving range and reducing pain. Skilled in performing and interpreting x-rays, prescribing exercises, completing evaluations and diagnosing disorders. Good communication, conflict resolution and relationship-building skills.

WORK HISTORY

Chiropractor 04/2023 - Current
Manchester chiropractic clinic

- Optimised patient monitoring by implementing more detailed, checklist-based documentation procedures by adding objective, subjective, action and plan bullet points.
- Advised patients on relevant supplementations and vitamins to help boost their health.
- Encouraged the clinic to start selling products and vitamins.

Chiropractor 03/2023 - Current
Deansgate Chiropractors - Manchester

- Handled taking phone calls and booking in patients for their appointments using electronic system.
- Handled taking payments for treatment packages and consultations.
- I educated myself on marketing so I started a social media page to try advertise the benefits of chiropractic treatment.
- Implemented pain management strategies and specialised operations to improve patient health and reach recovery objectives.
- Conducted patient history reviews and physical, neurological and orthopaedic examinations to assess conditions and present disorders.
- Created exercise programs routines based on my 10 year experience in calisthenics and weightlifting.
- Boosted treatment effectiveness by educating patients regarding preventative pain education and how to manage stress.

Chiropractor 11/2022 - 03/2023
Bury Chiropractic - Bury, Manchester

- Accessed and documented medical backgrounds and ordered diagnostic images to determine health problems.
- Diagnosed neuromusculoskeletal conditions and performed corrective adjustments.
- Used techniques such as spinal manipulation, specific exercises and mobilizations regularly to improve range of motion.
- Educated patients and caregivers on diagnoses, medications and self-treatment options.
- Counselling patients about lifestyle choices impacting injuries, conditions and recovery.
- Improved patients' quality of life, proposing environmental adaptations in patient homes to enable maximally independent living.

by ensuring extraordinary presentation of stocks to customers, and time-managing employment with University studies and sport.

RECOMMENDATIONS FOR THE CLINIC:

- Workshops to help educate patients
- Start a Tiktok page to boost the clinic name and advertise more
- Selling vitamins and supplements in the clinic
- Selling Egyptian cotton products (I have supply for it)
- Promoting the use of sauna and cold therapy
- Float tanks to help relieve stress
- Start calisthenics
- More advice on diet
- Acupuncture and reflexology therapy

LANGUAGES

Arabic

Native

Associate

09/2020 - 01/2022

Coco gelato - Cardiff

- Developed good customer service skills and worked under minimal time to serve and provide them with best service.
- Delivered positive customer interactions, promptly identifying and resolving individual needs.

Topman

09/2018 - 06/2020

ASOS - Cardiff

- Developed good customer service skills and worked under pressure to achieve sales target.
- Safely and responsibly handled the till to take payments.

EDUCATION

Masters of Chiropractic, 12/2017 - 12/2022

University of South Wales - Pontypridd, RCT - Distinction

- Member of Chiropractic society.
- Received B2R qualification in the art of movement.

Massage, 02/2022 - 05/2022

Active massage

Level 3 massage therapist qualification.

A-Levels, 08/2015 - 06/2017

St Dominic's Sixth Form College - Middlesex, BEN - Biology (B), Religious studies (B), Chemistry (C)

GCSES, 2015

Brondebury College - London

7A s in Arabic, Chemistry, Biology, Physics, Religious Studies, ICT and Geography. 4As in Physical Education, Business Studies, English Literature and Maths. B in English Language Achieving excellence across multiple subjects, headteacher.

INTERESTS

Calisthenics athlete: I have had a huge interest in gymnastics since a young age and that pushed me to start training calisthenics and learn about different levers for the human body.

Marketing and graphic designing: I have created various social media accounts and videos to help boost the marketing of the clinic.

Diet: I am currently taking a diet course which will further aid me when giving patients advice about what to consume.

Acupuncture and reflexology: I have an acupuncture course booked in for the 24th & 25th of May.

Waterpolo Men's Captain for University of South Wales Men's 1st team and competed in the BUCS and Welsh leagues Rowing, weight lifting, breakdancing and calisthenics I have been training for nearly 7 years and have a great interest and good experience with prescribing body weight exercises.