



JOEY VILLELLA

CHIROPRACTOR

Driven healthcare professional seeking to achieve my utmost potential as a lifelong learner and researcher with my self-directed learning capability, expertise in critical thinking and collaboration with team-members. Communicating effectively and tailoring my treatment to each patient by respecting individual preferences is a learned skill that is the single most powerful diagnostic tool in medicine; a virtue that I carry forward in my career as a chiropractor, allowing me to optimize the quality of treatment for my patients.

Contact

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Education

Graduated 2023

Doctor of Chiropractic (DC)

Canadian Memorial Chiropractic College

Graduated 2018

Kinesiology Degree (H.BSc)

University of Guelph-Humber

Graduated 2018

Fitness & Health Promotion

Diploma

Humber College

Publications

2021

Journal of Canadian Chiropractic Association (JCCA)

Scalenus muscle and the C5 root of the brachial plexus: bilateral anatomical variation and its clinical significance

Aheer GK, Villella J. Scalenus muscle and the C5 root of the brachial plexus: bilateral anatomical variation and its clinical significance. J Can Chiropr Assoc. 2021;65(2):229-233.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8480370/>

Experience

Chiropractor

Altum Health, University Health Network | Mississauga, ON

April 2024 - Present (11 Months)

Conduct history and physical examinations for clients enrolled in WSIB Specialty clinics including Upper and Lower Extremity, Back and Neck, and Neuro specialties.

Communicate exam findings and collaborate with Orthopaedic Surgeons to propose a reasonable plan of management for clients.

Develop and progress effective exercise programs for clients in treatment programs and monitor improvements over time through outcome measures and re-assessing functional abilities.

Provide hands-on manual therapy to clients including but not limited to soft tissue therapy, joint mobilizations, adjustments, acupuncture and IASTM to improve pain and disability outcomes.

Assess, diagnose and rehabilitate post-surgical clients in the OHIP Bundle Care Program including hip, knee and shoulder replacements.

Patient Relations Representative

Humber River Hospital | North York, ON

2019 - Present (6 Years)

Organizes and actively participates in family meetings with nursing staff and physicians as a support person for patients

Provides assistance in understanding, interpreting and organizing medical information for inquiry resolution

Coordinates rounding on designated units to proactively seek out and address any patient satisfaction issues

Write follow-up letters to patient families on behalf of clinical staff to facilitate conflict resolution

Chiropractor

Maple Health Care & Rehab | Vaughan, ON

September 2023 - April 2024

Conduct history and physical examinations for private, MVA, and WSIB POC patients to devise their diagnosis

Discuss report of findings and communicate diagnoses with patients to ensure thorough understanding of the proposed plan of management prior to beginning treatment

Provide hands-on physical therapy including soft tissue therapy, joint mobilizations, adjustments, acupuncture and IASTM to improve pain and disability outcomes

Develop and progress comprehensive exercise programs for patients to improve their range of motion, strength and functional outcomes

Certifications

Issued October 2021

**Instrument Assisted Soft Tissue
Technique (IASTM) Certified**
Dr. Kazemi | CMCC

Issued April 2023

**Functional Western Medical
Acupuncture Certified**
Integrated Seminar Series

2025 - 2028

**Emergency First Aid CPR/AED
Level C**
Canadian Red Cross

Issued 2016

Mental Health First Aid
Mental Health Commission of Canada
(MHFA)

Academic Awards

2022

**The Orthotic Group Excellence in
Biomechanics Scholarship**
Canadian Memorial Chiropractic College

2021

**John W.A. Duckworth Memorial
Award in Anatomy**
Canadian Memorial Chiropractic College

2020

Gilbert H. Young Memorial Scholarship
Canadian Memorial Chiropractic College

2019

CMCC Entrance Scholarship
Canadian Memorial Chiropractic College

2018

Guelph-Humber Merit Scholarship
University of Guelph-Humber

2018

**Vice-Provost Award for Academic
Excellence for Bachelor of Applied
Science Kinesiology Program**
University of Guelph-Humber

2018

**CSEP/SCPE Undergraduate Student
Award in Applied Exercise Physiology**
University of Guelph-Humber

2018

**Gold Medallion for Academic
Excellence in Kinesiology**
University of Guelph-Humber

Experience

Chiropractic Intern

St. Michael's Hospital | Toronto, ON
Nov 2022 - May 2023 (6 Months)

Conduct history and physical examinations for referred patients from the Family Health Team (FHT) at St. Michael's Hospital to devise their diagnosis
Communicate a reasonable plan of management for patients, including discussions on associated benefits and risks with chiropractic treatments, alternatives to care and prognosis
Generate referral reply notes and maintain open communication lines with the medical staff from the FHT

South Riverdale Community Health Centre | Toronto, ON
May 2022 - Nov 2023 (6 Months)

The chiropractic clinic at South Riverdale Community Health Centre is a multidisciplinary care centre offering chiropractic services within a community healthcare setting
The patient demographic includes low-income families of the Greater Toronto Area (GTA) who are referred from the Family Health Team within the community centre, walk-ins or patient referrals

Chiropractic Assistant

Collaborative Healthcare Network | Mississauga, ON
2017 - 2020 (3 Years)

Greet and check in patients with excellent communication skills
Assist the chiropractor with setting up modalities including LLLT, TENS, Therapeutic Ultrasound, Game Ready and vibration therapy
Demonstrated proficiency using clinical software including PS Suite, MediTech and OSCAR
Verified insurance coverage for all new patients and monitored existing patients' insurance coverage for potential changes

Etobicoke General Hospital Volunteer

Day Surgery | Etobicoke, ON
2018 - 2019 (1 Year)

Call patients or visitors from Pre-Admit
Educate patients on the Day Surgery procedures including what to expect and where to change and place their belongings during the operation
Offer comfort measures by tucking in patients who are uncovered
Provide warm blankets and tissues to any patients in need
Walk ambulatory patients to the Operation Room (OR)/Holding Room
Wheelchair the discharged patients to the front parking lot of the hospital and ensure that they have a safe departure from the hospital

ATC/Emergency Department | Etobicoke, ON
2018 - 2019 (1 Year)

Greet patients entering the waiting room and provide assistance for any questions or concerns they have
Prepare rooms for the patients, call them in from the waiting room and fill out/file their charts
Assist the Emergency Department doctor with patient flow
Direct patients in the Emergency Department to Diagnostic Imaging
Take urinary and blood specimens in k-basins to the laboratory to process the patients' results for the Emergency Department doctor