

# **Dr. Christopher Robinson BA DC LRCC**

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## **PROFESSIONAL SKILLS AND EXPERIENCE**

- Extensive studies in biomechanics related to running, cycling and swimming.
- helping independent athletes create training plans working back from injury.
- independent bike fitting for triathletes and gravel cyclists
- Implementing integrated Pre-habilitation into athletes training plans and work schedules to keep athletes' injury free
- Dedication to ongoing development of chiropractic as it pertains to sports injuries and prevention
- Collaborated with diverse teams from various cultural backgrounds and engaged with multiple healthcare systems to deliver effective care

## **CERTIFICATIONS AND SEMINARS**

- Functional Movement Systems Certification: ( May 2021)
- Active Release Technique- Full Body Certification ( Spine: Jan. 2018, Upper Extremity: Jan. 2019, Lower Extremity: Mar. 2021)
- McKenzie Institute Course A Certification: (Feb 2020)
- Function and Kinetic Treatment with Rehab/ Functional Movement Taping: ( Jan 2018)
- Dynamic Neuromuscular Stabilization Exercise 2: (Feb 2019)
- Dynamic Neuromuscular Stabilization Exercise 1: (Nov 2018)
- Currently CPR and First Aid Certified
- Royal College of Chiropractic member since 2022
- British Chiropractic Association member since 2022

## **EDUCATION**

- Cleveland University of Kansas City: Doctorate of Chiropractic (Exp: Dec. 2021)
- Wichita State University: Bachelors of Arts Exercise Science (May 2017)

## **PROFESSIONAL EXPERIENCE**

- Stansted chiropractic clinic: March 2022- Current
  - Working as an associate chiropractor using a multimodal patient centered care.
  - Provided care to patients from diverse socioeconomic backgrounds and a wide range of life experiences, ensuring tailored and compassionate treatment.
  - Collaborated with the NHS, facilitating patient referrals and ensuring seamless integration of care within the healthcare system.

## **OTHER PROFESSIONAL EXPERIENCE**

- Teaching Assistant: Cleveland University Cadaver Lab (2018-2019)  
Work with students in dissection of human cadavers and explain where different structures are located and going in the body.