

Dr. Matthew Abel

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PROFESSIONAL EXPERIENCE

Cornerstone Health Center– Charlotte, NC

March 2024 – July 2025

Associate Chiropractor

- Led interdisciplinary communication by integrating patient progress notes into EHRs, supporting over 1,600 treatments monthly, and streamlining clinical workflows.
- Implemented targeted outreach strategies that improved patient retention by 25%, contributing to monthly revenue growth of up to \$30,000. Offer ongoing feedback to leadership regarding the effectiveness of trainings and identify areas for further development
- Designed and administered customized decompression and shockwave therapy protocols, improving recovery times by 35% and enhancing clinical outcomes.
- Licensed chiropractor proficient in Diversified, Thompson, Gonstead, and Mirror-Image techniques
- Led internal marketing campaigns and delivered educational talks to increase patient engagement and treatment adherence.

Weig Chiropractic Center– Charlotte, NC

January 2024 – March 2024

Chiropractic Intern

- Supported patient intake, scheduling, documentation, and payment processes to maintain efficient and HIPAA-compliant front-desk operations.
- Administered post-adjustment and ancillary therapies, ensuring accurate protocol adherence and monitoring patient responses.
- Assisted with radiographic imaging and preliminary interpretation, contributing to thorough case documentation and care planning.

EDUCATION

Palmer College of Chiropractic, Port Orange, FL

December 2023

Doctor of Chiropractic

University of North Carolina at Charlotte, Charlotte, NC

May 2020

Bachelor of Science in Exercise Science

GRADUATE LEADERSHIP

Palmer College of Chiropractic, Port Orange, FL

July 2023 – September 2023

Clinical Teaching Assistant

- Supervised interns by reviewing patient notes for accuracy and compliance, leading orientation trainings, and coordinating patient assignments to ensure balanced clinical exposure
- Streamlined clinical documentation by designing and implementing EHR templates, improving efficiency in patient record-keeping for interns

AWARDS & HONORS

Palmer College of Chiropractic, Port Orange, FL

Summa Cum Laude

December 2023

Academic Excellence Award Recipient

December 2023

SKILLS

- Comprehensive patient case development
- Patient education & rapport building
- Willingness to increase knowledge and broaden specialties
- High-volume, fast-paced clinical experience
- Therapeutic modalities: decompression, shockwave, electrical stimulation
- EHR documentation & interdisciplinary communication