

Edyn Karney

Toronto, ON
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Motivated and dedicated chiropractic student graduating from the Canadian Memorial Chiropractic College in June 2025, with a strong foundation in patient care, wellness, and fitness. Experienced in both clinical and fitness settings, with a passion for delivering compassionate, patient-centered care and promoting holistic health.

Work Experience

Personal Trainer

Gentle Motion
February 2025 to Present

- Design and deliver individualized fitness programs tailored to client needs
- Provide education on injury prevention, mobility, and rehabilitation exercises
- Support clients in achieving fitness and wellness goals through motivation and coaching

Front Desk Associate

Myodetox-Toronto, ON
July 2024 to Present

- Manage clinic operations and support a multidisciplinary healthcare team
- Ensure a welcoming environment and assist in achieving clinic performance targets
- Provide exceptional customer service by greeting and assisting clients with scheduling appointments, managing inquiries, and billing services

Coach/Fitness Instructor

F45 Yorkdale-Toronto, ON
September 2022 to Present

- Lead high-intensity interval training (HIIT) classes for diverse fitness levels
- Provide hands-on technique correction and injury prevention guidance
- Build strong client relationships and foster a motivating class atmosphere

Special Operative

The Ivy Day Camp-Toronto, ON
June 2023 to August 2023

- Managed camp operations and coordinated special events
- Mentored staff and handled decision-making in dynamic situations

Dance and Fitness Instructor

Camp Manitou-Parry Sound, ON

June 2016 to August 2019

- Choreographed dance routines and led fitness programs for campers
- Supervised campers and promoted teamwork and communication

Education

Doctor of Chiropractic in D.C

Canadian Memorial Chiropractic College-Toronto, ON, CA

June 2025

Bachelor of Science in Kinesiology in Kinesiology

Western University-London, ON, CA

Skills

- - Excellent communication and interpersonal abilities
- Strong commitment to continuous learning and professional growth
- Personal Training
- Adaptable and collaborative team player
- Empathetic, patient-centered approach to care
- Leadership and decision-making in fast-paced environments

Certifications and Licenses

- McMaster Contemporary Medical Acupuncture

2025 to Present

NASM personal training

2023 to Present

Smart serve certified

2021 to Present

Stop the Bleed Certificate

2020 to Present

CPR (Level A, B, C)

2024 to 2027