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## Objectives

Doctor of Chiropractic program graduate finishing my clinical training, striving to expand my knowledge in an integrative and evidence-based approach to health care that emphasizes whole person health. Looking for opportunities to build a strong foundation in research, sports medicine, and professional development to refine my technical skills, serve my community, and expand training in healthcare policy/administration.

## Education

September 2021 – August 2025	Doctor of Chiropractic program– graduate Sports Medicine Emphasis Southern California University of Health Sciences, East Whittier
September 2010 – 2015	Computer Engineering and Film Studies University of California, Santa Barbara, Goleta

## Internships/Positions

January 2025 – April 2025	VA Loma Linda Chiropractic Intern Dr. Brad Smith, Dr. Hang Nguyen
January 2024 – August 2025	Chiropractic Intern Dr. Edgar Rodriguez, North Whittier
May 2023 – July 2025	R-15 National Institute of Health (NIH) Student Researcher Dr. Steffany Moonaz, Dr. James Whedon

## Courses/Conferences/Seminar

August 2025	Kinetic Impact w/ Coach Boo Irving “Boo” Schexnayder
August 2025	Art of the Assessment Dr. Beau Beard
May 2025	AIDS Lifecycle Dr. James Cox
December 2024	Selective Functional Movement Assessment (SFMA) Level 1 Michele Desser

<b>November 2024</b>	<b>Barbell Rehab Method Michael Mash, PT, DPT</b>
<b>October 2024</b>	<b>Mastering Examination and Rehab Sebastian Gonzales, DC &amp; Dawne Constantino, DC</b>
<b>October 2024</b>	<b>Academy of Integrated Health &amp; Medicine Annual Conference San Diego, CA</b>
<b>August 2024</b>	<b>Human Matrix Zac Cupples, DPT</b>
<b>August 2024</b>	<b>Apex Full Spine Adjusting Strat Paulson, DC</b>
<b>July 2024</b>	<b>Bulletproofing the Athletic Knee Cody Dimak, DC</b>
<b>May 2024</b>	<b>Rehab 2 Performance Fundamentals Course Kyle Uttley, DC</b>
<b>March 2024</b>	<b>Association of Chiropractic Colleges Research Agenda Conference San Diego, California</b>
<b>February 2024</b>	<b>Webster Seminar Jen Santos, DC</b>
<b>February 2024</b>	<b>Rehab2Performance Symposium ParkerFit, Dallas, Texas</b>
<b>November 2023</b>	<b>American Public Health Association Conference Atlanta, Georgia</b>
<b>October 2023</b>	<b>Academy of Integrative Health &amp; Medicine Conference San Diego, California</b>

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## **Certification**

September 2025 (Expected)	Clinical Neurodynamics Upper and Lower Level 1
September 2025 (Expected)	ART Spine Level 1
July 2025	Functional Kettlebell Training
June 2025	Dynamic Neuromuscular Stabilization Strength Training 1
February 2025	ART Upper Extremity Level
February 2025	Dynamic Neuromuscular Stabilization Course A
January 2025	ART Lower Extremity Level 1
December 2024	SFMA Level 1
November 2024	Barbell Rehab Method (BRM)
February 2024	HIPPA: Protecting Patient Privacy
February 2024	First Aid/CPR Training
July 2023	CITI Training: Biomedical Research
July 2023	CITI Training: Responsible Conduct of Research for Administrators

## **Publications & Research**

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### **Current Research (2022-2025)**

**Title:** Spinal Manipulative Therapy vs. Prescription Drug Therapy for Care of Aged Medicare Beneficiaries with Neck Pain

**Funder:** National Center for Complementary and Integrative Health

**Purpose:** To assess both short- and long-term value of SMT as compared to PDT for management of NP in older Medicare beneficiaries

## Achievements

March 2025	Platform Presentation: Comparative Cost Analysis of Neck Pain Treatments for Medicare Beneficiaries – ACCRACC 2025
March 2025	Chiropractic Future ACCRAC Student Travel Stipend Chiropractic Future 2025
March 2024	National Board of Chiropractic Examiners Grant to attend ACC-RAC Conference 2024, San Diego, CA
November 2023	Poster Presentation American Public Health Association, Atlanta, GA

## Employment

May 2019 – August 2020	Mobile Automotive Technician RepairSmith, Ontario
June 2016 – May 2019	Automotive Technician Drivetime, Fontana
April 2015 – June 2016	Tire and Brake Technician Les Schwab, Fontana
Oct 2013 – April 2015	Battery and Lube Technician Sears Automotive, Santa Barbara

## Skills

Chiropractic Techniques	Prenatal assessment and care
Patient Assessment and Diagnosis	Locating, appraising, and participating in research
Treatment Planning	Soft Tissue Therapy
Interpersonal Communication	Spinal and Joint Manipulation
Sports biomechanics analysis	Rehabilitative Exercise Prescription
	Excellent Customer Service
	Spine Care Research

## References

Dr. James Whedon	Email: <a href="mailto:JamesWhedon@scuhs.edu">JamesWhedon@scuhs.edu</a>
Dr. Steffany Moonaz	Email: <a href="mailto:SteffanyMoonaz@scuhs.edu">SteffanyMoonaz@scuhs.edu</a>