

Jalen Murray, D.C.

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Professional Summary

Chiropractic physician with a strong foundation in sports medicine, rehabilitation, and performance optimization. Former Division I athlete turned clinician, with expertise in advanced chiropractic care, soft tissue therapies, and evidence-based patient management. Experienced in both academic and private practice settings, committed to helping active individuals recover, prevent injury, and perform at their highest level.

Education

Doctor of Chiropractic (D.C.) – 2025

Texas Chiropractic College | Pasadena, TX

Bachelor of Science in Kinesiology – 2022

University of Alabama | Tuscaloosa, AL

Experience

Chiropractic Intern

MVMT Chiropractic | Houston, TX | May 2025 – Aug 2025

- Treated athletes and active patients using adjustments, myofascial release, cupping, dry needling, and shockwave therapy.
- Applied evidence-based protocols for sports performance, rehabilitation, and long-term patient wellness.
- Learned private practice operations including patient flow, marketing to athletic populations, and financial management.
- Educated patients on injury prevention, corrective exercise, and recovery strategies.

Chiropractic Intern

Moody Health Center | Pasadena, TX | Sept 2024 – Aug 2025

- Provided chiropractic adjustments and soft tissue therapy to a wide range of patients.
- Worked alongside interdisciplinary healthcare teams to develop individualized treatment plans.
- Conducted musculoskeletal assessments, rehabilitation protocols, and patient re-exams.

Division I Cross Country & Track Athlete

University of Alabama | Tuscaloosa, AL | Aug 2019 – May 2022

- Competed at the NCAA Division I level while maintaining academic excellence.
- Gained hands-on knowledge in sports injury prevention, recovery, and peak performance strategies.

Skills

- Chiropractic Adjustments & Mobilizations
- Instrument-Assisted Techniques & Myofascial Release
- Dry Needling & Cupping Therapy
- Shockwave Therapy & Traction Machines
- Patient Education & Communication
- Injury Prevention & Performance Optimization
- Practice Management & EHR Systems (ChiroTouch)

Certifications

- Licensed Chiropractor, Texas
- Dry Needling Certification (Levels 1 & 2)
- CPR & First Aid Certified

Awards & Achievements

- NCAA Division I Athlete – University of Alabama
- Cross Country State Champion

Community Involvement

- Volunteer Chiropractor – Local Sports Events & Road Races
- Provided care for recreational runners and athletes during community races
- Assisted with youth athletic camps, focusing on injury prevention and safe training techniques