

Skilled and compassionate chiropractor with over five years of direct clinical experience in musculoskeletal diagnosis, spinal and extremity adjustments, patient education, and preventative wellness care. Expertise in supportive therapies—including graston, cupping, photobiomodulation, and vibration therapy—and commitment to holistic, patient-centered treatment in collaborative, family-focused environments.

Employment History

Oct 2025 - Present

Owner / Lead Sports Chiropractor

Dunk Sports Chiropractic PLLC (Mobile Practice)

- Delivered chiropractic care emphasizing sports injuries and multi-setting rehabilitation as a fully mobile practice, providing convenient and personalized patient care at various locations.
- Developed personalized injury prevention and recovery programs tailored for athletes and families.
- Implemented advanced therapies (graston, cupping, photobiomodulation, vibration therapy) within a cohesive treatment framework.
- Educated patients on holistic wellness, nutrition, and compliance to support sustainable health improvements.

May 2025 - Aug 2025

Chiropractor

Weatherford WholeHealth

- Helped launch a multidisciplinary clinic offering integrated chiropractic services.
- Managed patient treatment plans, membership programs, and pricing strategies.
- Led patient education initiatives about care duration, exercise, and follow-up importance.
- Collaborated with healthcare teams to ensure comprehensive and consistent patient care.

Nov 2024 - Present

Chiropractor Independent Contractor

MMA Chiropractors, Texas

- Provide chiropractic care coverage across Texas, enhancing patient satisfaction and clinic efficiency.
- Collaborate with staff to improve clinic operations and patient management.

Jul 2023 - Aug 2024

Chiropractor Independent Contractor

The Chiroprort

- Managed caseload of 25-40 patients per week, focusing on spinal/extremity adjustments, soft tissue therapies (myofascial release, graston, stretching, hyperice venom therapy), and comprehensive care plans.
- Conducted physical, neurologic, and orthopedic exams; recommended exercises and biomechanical changes.
- Recommended nutrition and supplements to support patient health and recovery.

Jul 2022 - Nov 2022

Chiropractor

North Texas Clinic and Rehabilitation Center

- Delivered integrated care in a multidisciplinary setting (20-30 patients/week); managed cash, insurance, Pl, workers' compensation cases, and performed school physicals.
- Administered adjustments, cupping, RockTape, photobiomodulation, and vibration therapies.
- Developed home and in-clinic exercise programs.

Jan 2021 - Jul 2022

Chiropractor/ Athletic Trainer

Vitality Sports Medicine- TAV Club

- Provided emergency and ongoing care during athletic events.
- Recommended nutrition and supplements to support patient health and recovery.
- Diagnosed/treating injuries; implemented rehab programs; performed concussion evaluations.

Sep 2020 - Feb 2021

Intern Chiropractor

Parker University and Vitality Sports Medicine

- Assisted with neurologic, orthopedic, and functional movement exams.
- Supported management of acute brain injuries and coordinated advanced movement screening.

Education

Dec 2020

Doctor of Chiropractic

Parker University



Dr. April Dunkel, D.C., M.S.H.P.

Chiropractor & Owner of Dunk Sports Chiropractic

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Technical Skills

Diversified

Experienced

Rehabilitation Exercise

Skillful

Functional Neurology

Skillful

Concussion Care

Experienced

Sports Therapy

Expert

Sports Nutrition

Experienced

Athletic Training

Experienced

Extremity Adjusting

Expert

Time Management

Experienced

Flexion-Distraction

Experienced

Sacro-Occipital Technique

Experienced

Gonstead

Experienced

Patient Advocacy

Expert

Nutrition & Supplementation Guidance

Experienced

Trigger Point Therapy

Expert

Kinesiology Taping

Expert

Patient Communication

Expert

Injury Prevention

Experienced

Rehabilitation Stretches

Experienced

Pain Management

Experienced

Apr 2022

Master in Strength and Human Performance (M.S.H.P)

Parker University

Jun 2013

Bachelor in Science Education in Kinesiology (B. Kin.)

University of Arkansas

May 2009

Associate Degree in Science

Garden City Community College

Licensure & Certifications

Present

License

Texas Chiropractic License

Mar 2024 - Jul 2024

Animal Chiropractic Program

Parker University

2019

Certification

Activator Technique Basic Protocol

2018

Certification

Rock Tape FMT Basic and Performance

Clinical and Diagnostic Skills

- Proficiency in various adjusting techniques to correct spinal misalignments and relieve pain.
- Extremity adjustment techniques
- Innovative therapies: Graston, cupping, photobiomodulation, vibration therapy
- Designing and implementing rehabilitative exercises to support recovery and injury prevention.
- Orthopedic and neurological assessment
- X-ray interpretation and diagnostic imaging analysis
- Postural and gait assessment
- Marketing, advertising, and community outreach
- Concussion & Acute Injury Care
- Personalized patient care & wellness coaching

Techniques & Special Trainings

- Diversified, Gonstead, Flexion-Distracton, Sacro-Occipital Technique (SOT), Extremity Adjusting
- Trigger Point Therapy, Myofascial Release, Kinesiology Taping, Rock Taping, Graston
- Rehabilitation & Stretching Protocols
- Webster Technique for Prenatal & Pediatric Chiropractic

Practice and Business Management

- Office management capabilities, including scheduling, billing, and efficient record keeping.
- Familiarity with electronic health records (EHR) and practice management software.
- Marketing and business development to attract and retain patients.
- Teamwork and leadership in collaborating with healthcare teams and managing clinical staff.

Additional Skills

- Effective Communication: Clearly explaining treatments and making patients comfortable.
- Empathy: Understanding and relating to patients pain and concerns.
- Adaptability and time management to accommodate patient needs and clinic operations.
- Active Listening: Fully understanding patient feedback and non-verbal cues.
- Continuing education commitment to stay current with the latest chiropractic research and techniques.

Marketing Strategies

Experienced

Patient Retention

Experienced

Chiropractic Research

Experienced

Community Outreach

Experienced

Patient Education

Experienced

Patient Treatment Plans

Experienced

Team Collaboration

Experienced

Nutritional Support

Experienced

Therapeutic Modalities

Experienced

Biomechanical Analysis

Experienced

Therapeutic Exercises

Skillful

Wellness Coaching

Experienced

Bloodwork Analysis

Skillful

Virtual Patient Care

Beginner

Telehealth Services

Beginner