

# Youstina Faheem, DC, MSc, BS

Texas | (682) 367-9929 | [youstina.faheem@gmail.com](mailto:youstina.faheem@gmail.com) | [www.linkedin.com/in/youstina-faheem](http://www.linkedin.com/in/youstina-faheem)

## CHIROPRACTIC EXPERIENCE

---

### Associate Chiropractor

ChiroCare Injury Rehab

**Nov 2024 – Present**

San Antonio, TX

- Managed patient care in a high-volume personal injury clinic focused on auto accident and musculoskeletal cases
- Delivered chiropractic adjustments, soft tissue therapy, and therapeutic exercise programs to support recovery and improve function
- Maintained accurate documentation to ensure continuity of care and meet legal standards
- Reviewed and interpreted imaging including X-rays, CT scans, and MRIs to guide treatment decisions
- Collaborated with multidisciplinary providers to coordinate comprehensive patient care
- Efficiently managed a daily caseload of 20-25 patients, delivering high-quality chiropractic care and ensuring timely access to services

### Chiropractic Clerkship

VA North Texas Healthcare System

**Jan 2024 – Apr 2024**

Fort Worth, TX

- Individualized treatment and rehabilitation plans, integrating chiropractic care with other modalities for veteran patients
- Diagnosed and treated musculoskeletal conditions
- Utilized VA Electronic Health Record (EHR) software for accurate documentation and compliance with VA regulations
- Counseled patients, families, and caregivers on care options and potential risks
- Contributed to rotations with PM&R and family medicine teams
- Communicated effectively with diverse audiences, including patients and healthcare professionals
- Assisted in acupuncture treatments and McKenzie method of mechanical diagnosis and therapy
- Monitored effects of impairment on daily activities and social functioning

### Chiropractic Intern

Parker University, Dallas Clinic

**May 2023 – Dec 2023**

Dallas, TX

- Advertised and recruited patients for training purposes
- Examined, diagnosed and treated patients with MSK conditions
- Performed Cupping Therapy, Shockwave Therapy, Rehabilitative exercise, adjustments and therapeutic interventions to improve outcomes
- Conducted Selective Functional Movement Assessment (SFMA) and Functional Movement Screen (FMS)

## EDUCATION

---

### Doctor of Chiropractic

Parker University

**April 2024**

Dallas, TX

### Master of Science in Clinical Neuroscience

Parker University

**August 2024**

Dallas, TX

### Bachelor of Science – Chemistry

Texas Women University

**May 2018**

Denton, TX

## RESEARCH EXPERIENCE

---

### Research Student

Dr. Manal Omary Lab - Texas Women University

#### Research Project

"The chemistry of Copper and Silver Complexes from Design to Synthesis, Characterization and Potential Multi-Faced Application"

**Feb 2017 – May 2018**

Grapevine, TX

## ADDITIONAL PROFESSIONAL EXPERIENCE

---

### Quality Control Chemist

Rockwell Medical

- Operated ICP-OES, Flame AA, Polarimeter, Acid titrator analytical instruments
- Prepared standards and samples for chemical analysis
- Authored FDA regulated documents to ensure good documentation practice

**Aug 2019 – Jan 2020**

Grapevine, TX

### Quality Control Inspector

OsteoMed Corporation

- Developed experimental protocols and SOPs consistent with GLP
- Analyzed post-surgical infection and relation to the company's products reports
- Inspected the quality of raw materials and final products

**May 2018 – Aug 2019**

Addison, TX

## LEADERSHIP EXPERIENCE

---

### St. Abanoub Coptic Church

*Sunday School Coordinator*

- Supervise and support 24 teachers and over 80 Middle school youth
- Coordinated 3 summer school festival activities
- Planned and executed 2 Winter kid's Camps for the DFW region with attendance of over 200 youth and 50 chaperones

*Sunday School Teacher*

- Designed and taught spiritual and bible study lessons for youth ages 6 to 18 years
- Taught the Coptic language during summer festival activities

**Eules, TX**

**2021 – 2024**

**2014 – 2021**

## SKILLS

---

- Multiple Techniques
- Skilled Examiner
- Spinal disc expertise
- Excellent patient educator
- Extremity expertise
- Back and neck pain expertise

## COMPETENCIES/CERTIFICATIONS

---

- PHRP Certification Feb 2024
- Emergency Medical Responders (EMR) with Basic Life Support Emergency Oxygen Asthma and EPI – American Red Cross Apr 2023
- Basic Life Support for Healthcare Provider (CPR) – American Red Cross Apr 2023
- Bloodborne Pathogens Training – American Red Cross Apr 2023
- Activator Methods Upper Extremities – Activator Institute Nov 2022
- Activator Methods Lower Extremities – Activator Institute Sep 2022
- Activator Methods Basic Scan Protocol – Activator Institute Jul 2022

## **ADDITIONAL SKILLS/INTERESTS**

---

- Proficient in Instrument-Assisted Soft Tissue Mobilization
- Strong adaptability to new techniques and treatments, evidenced by successful Integration of chiropractic care with other modalities during clinical rotations.
- Proven track record of teamwork and collaboration, evidenced by active participation in clubs and research projects throughout academic and professional career.
- Unwavering commitment to patient care and satisfaction, consistently delivering personalized treatment plans tailored to individual needs during internships and clerkships.

## **REFERENCES**

---

Furnished upon request

Signed by: Youstina Faheem