

Elizabeth Nguyen

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EXPERIENCE

Expressions Chiropractic & Rehab, Cedar Hill, TX — Chiropractic Intern *(Sep 2025 – Dec 2025)*

- Conducted comprehensive assessments (posture, ROM, orthopedic, neurological)
- Delivered chiropractic adjustments using Diversified and Activator techniques
- Educated patients on ergonomics, wellness, and rehabilitation programs
- Collaborated with licensed doctors to implement care plans
- Maintained SOAP note documentation in EHR system

Parker University Clinics, Dallas, TX — Student Intern *(Jan 2025 – Aug 2025)*

- Provided patient care under licensed supervision, including soft tissue therapy & rehab
- Developed individualized care plans for diverse populations
- Performed movement assessments to support diagnoses
- Educated patients on home exercise programs and wellness strategies
- Maintained HIPAA-compliant documentation

Mansfield Chiropractic, Mansfield, TX — Chiropractic Intern *(May 2021 – Aug 2021)*

- Assisted patients with physiotherapy exercises and interferential stim therapy
- Managed patient intake, charting, and coding units
- Handled data entry for visit charges and payments
- Supported front-desk administrative duties

EDUCATION

Parker University, Dallas, TX — Doctor of Chiropractic (Dec 2025)

GPA 3.64

Parker University, Dallas, TX — Master of Science, Neuroscience (Apr 2026)

GPA 4.00

University of Texas at Arlington, Arlington, TX — B.S. Kinesiology – Exercise Science (2018–2021)

GPA 3.8, Dean's List

Atascocita High School, Houston, TX — Pre-Med Track (2014–2018)

GPA 3.8

CERTIFICATIONS

- BLS/CPR Certified — American Heart Association (Expires Sept 2026)

- Activator Methods Basic Protocol — Certified Apr 2025

SKILLS

- Chiropractic Adjusting Techniques: Diversified, Activator, Thompson
- Functional Movement Screening
- Soft Tissue Therapy Fundamentals
- Rehab Exercise Planning
- Patient Communication & Education
- Interdisciplinary Team Collaboration

LANGUAGES

- English
- Vietnamese