



# ISABELLE DELAHAYE

## CHIROPRACTIC STUDENT : MCHIRO(HONS)

### CONTACT DETAILS

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### PERSONAL PROFILE

*Final-year Chiropractic student at AECC University College, graduating June 2026. I come from a family of chiropractors and medical professionals, giving me long-standing exposure to healthcare and patient-centred practice. I am seeking an associate position in London, where I can continue developing my clinical skills and contribute positively to patient care. I am motivated, organised, and confident working with a wide range of patients.*

### KEY SKILLS

- Patient-centred communication and rapport-building
- Clinical reasoning and examination skills
- Clear, accurate documentation and record-keeping
- Time management and organisation
- Confident working with infants, children and families
- Professionalism and reliability in clinical settings
- Experience using clinic software

### TECHNIQUES & CLINICAL COMPETENCIES

- Diversified adjusting
- Mobilisation techniques
- Soft tissue therapy
- Rehabilitation exercise prescription
- Paediatric assessments and treatments
- Dry needling (CPD course to be completed March 2026)

### CLINICAL INTERESTS

- Women's health, including pregnancy-related musculoskeletal care
- Paediatric musculoskeletal health and developmental assessment
- Management of musculoskeletal conditions with a focus on rehabilitation and functional movements

### PERSONAL INTERESTS

- Triathlon and regular strength training, and enjoying time outdoors
- Playing the saxophone and piano
- Cooking and baking
- Maintaining a balanced, health-focused lifestyle and helping others achieve the same

### ADDITIONAL TRAINING

- Paediatric safeguarding training
- First Aid qualification
- CPD workshops (various)

## EDUCATION

### Health Sciences University (AECC)

*Anglo-European College of Chiropractic | Sept 2022 - June 2026*

Currently still studying.

I will graduate in June with an MChiro(Hons).

- *Student intern in the AECC teaching clinic*
- *Experienced in patient histories, orthopaedic and neurological examinations, and evidence-based care planning*
- *Strong skills in clinical documentation, outcome measures, and reflective practice*
- *Selected for an eight-week paediatrics placement, assessing and managing infants and children under supervision*
- *CPD course in dry needling to be completed in March 2026*
- *Actively pursuing additional postgraduate courses to further expand clinical expertise*

### Kenilworth School and Sixth Form

*Sept 2015 - July 2022*

I finished with 12 GCSEs and 3 A-Levels

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## PROFESSIONAL EXPERIENCE

### Front of House/Barista/Bar Staff

*Warwick Street Kitchen, Le Munch & The Way Outback | 2022 - Present*

- Provided efficient customer service in busy café and bar environments
- Communicated clearly with a wide range of customers
- Worked effectively within fast-paced teams
- Managed customer queries and feedback confidently

### Swimming Teacher

*Everyone Active & Warwick Sport | 2019 - 2024*

- Taught swimmers across a wide range of ages and abilities
- Adapted communication and instruction to individual learning needs
- Supported anxious or vulnerable children with calm, reassuring guidance
- Built trust with families and maintained clear, professional communication

### Chiropractic Receptionist

*Avon Chiropractic Healthcare | 2019 - 2022*

- Managed patient reception, bookings, payments, and daily clinic operations
- Used clinical management software, including note-taking and appointment handling in JaneApp
- Communicated clearly with patients and supported smooth clinic flow
- Gained early exposure to clinical environments and patient interaction

*References available on request*