

# Mirelka Ingles Rosa, DC

Licensed Chiropractor – State of Georgia  
Bilingual: English & Spanish

rimbetterh@gmail.com



Acworth, GA



## PROFESSIONAL SUMMARY

Georgia-licensed Doctor of Chiropractic with clinical experience in private practice, family wellness, and multidisciplinary orthopedic settings. Skilled in diversified and Activator instrument-assisted adjustments, corrective rehabilitation programming, and patient-centered education designed to improve functional outcomes and long-term spinal health. Recognized for building strong patient relationships and guiding individuals through sustainable, movement-based care plans. Currently completing a Master of Science in Positive Psychology, integrating behavior change and nervous system regulation principles to enhance patient compliance and retention.

## CLINICAL EXPERIENCE

### Vitalistic Wave Chiropractic | Atlanta, GA

Doctor of Chiropractic | 2025–Present

- Deliver diversified and Activator instrument-assisted spinal and extremity adjustments.
- Design individualized corrective exercise and rehabilitation programs.
- Perform functional movement assessments and posture evaluations.
- Educate patients on injury prevention, ergonomics, and lifestyle modification.
- Maintain compliant clinical documentation and informed consent.
- Provide bilingual (English/Spanish) patient care and education.

### AICA Orthopedics | Kennesaw, GA

Therapist / Spanish Medical Translator/ Lead Front Desk | 2023–2025

- Assisted with rehabilitation protocols for musculoskeletal and accident-related injuries.
- Collaborated with chiropractors, MDs, and physical therapists in multidisciplinary care.
- Conducted patient intake, scheduling, and insurance coordination
- Served as Spanish–English interpreter to ensure clear provider–patient communication.

### Family Chiropractic | Lawrenceville, GA

Chiropractic Assistant / Doctor Assistant | 2020–2023

- Assisted with spinal and extremity adjustments and therapeutic modalities.
- Guided patients through rehabilitation exercises and corrective movement protocols.
- Delivered patient education on posture and home exercise programs.
- Maintained accurate documentation and HIPAA compliance.

## LICENSURE

Doctor of Chiropractic (DC) – Active License, State of Georgia  
NBCE Parts I–IV & Physiotherapy

## LANGUAGES

English – Fluent  
Spanish – Fluent  
Italian – Basic

## EDUCATION

Bachelor of Arts in Psychology – Universidad Interamericana, PR  
Doctor of Chiropractic (DC) – Life University, Marietta, GA  
Master of Science in Positive Psychology – In Progress

## CORE CHIROPRACTIC & CLINICAL SKILLS

- Diversified spinal & extremity adjustments  
Activator technique.
- Corrective exercise & rehabilitation programming.
- Functional movement assessment.
- Patient education & retention.
- Clinical documentation.
- Wellness & lifestyle counseling.