

KAMI SIDHU

23 English Lane, Brantford, ON

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PROFESSIONAL SUMMARY

Dedicated and patient-focused Chiropractor with expertise in active therapy, rehabilitation, and holistic musculoskeletal care. Skilled at developing personalized treatment plans, improving patient mobility, and fostering positive long-term health outcomes. Strong communicator with the ability to build trust and rapport, ensuring patients feel informed, supported, and engaged in their recovery process.

PROFESSIONAL EXPERIENCE

Soar Family Chiropractic – Brantford, ON

Chiropractor (May 2024 – Present)

- Provide comprehensive chiropractic care to patients of all ages.
- Deliver active therapy and rehabilitation programs tailored to individual needs.
- Educate patients on posture, exercise, and lifestyle modifications to support recovery and prevent injury.
- Maintain detailed treatment records and collaborate with other healthcare professionals.

Precision Physiotherapy – Brantford, ON

Chiropractor / Active Therapy Provider (Jan 2024 – Present)

- Work alongside physiotherapists to deliver coordinated care for musculoskeletal conditions.
- Conduct thorough assessments to identify the root causes of pain and dysfunction.
- Apply manual therapy, exercise-based rehab, and patient education to enhance recovery.

Physio-Care Services – Hamilton, ON

Chiropractor (Oct 2023 – Present)

- Treat acute and chronic conditions through evidence-based chiropractic techniques.
- Develop and monitor rehabilitation plans to improve mobility and reduce pain.
- Communicate effectively with patients to set realistic goals and track progress.

EDUCATION

Doctor of Chiropractic – University of Western States, Portland, OR (Graduated 2022)

Bachelor of Science in Human Biology – University of Western States, Portland, OR (Graduated 2022)

Bachelor of Kinesiology – Brock University, St. Catharines, ON (Graduated 2019)

SKILLS

- Chiropractic Adjustments & Manual Therapy
- Active Rehabilitation Programs
- Patient Assessment & Diagnosis
- Exercise Prescription & Corrective Movement
- Posture & Ergonomics Education

- Collaborative Healthcare Approach
- Excellent Patient Communication & Rapport-Building